



**CAMBRIDGE CITY
CHILD AND FAMILY CENTRE**

WHAT'S ON

April 2025

Welcome to our Child & Family Centres.
We aim to provide families of all abilities, identities and cultures with the support and information they need and to ensure our centres and zones are friendly and welcoming places for all. There is a small charge for some groups, but please let us know if payment may be difficult.



Things you need to know...

Charging

Some groups have a charge of £2 per family, per session, although families on a low income will be eligible for free entry. Please pay in cash on the day.

Charges for childminders - £2 per childminder and own family plus £1 for any minded child or £1 per childminder if not bringing own family members plus £1 for any minded child.

Privacy Notice

The Child and Family Centre holds information about the families and individuals we support for the purposes of monitoring, evaluation and future planning of the Child and Family Centre's services, as part of Cambridgeshire County Council.

The information will be held in accordance with the General Data Protection Regulation (GDPR). Further information is available on the Cambridgeshire County Council's website www.cambridgeshire.gov.uk (search Privacy Notice)

Booking

Booking is essential for some session and space are limited.

Please call 01223 728118 or email childandfamilycentre.city@cambridgeshire.gov.uk or message us on Facebook

If you would like to be kept up to date about our activities by email, please ask to join our mailing list to receive the What's On each month.

Have Your Say about Cambridgeshire Child and Family Centre Services




In April we will be thinking about

World Health Day (7th April)
and
National Autism Awareness Month


If you would like to celebrate something important to you with other people who use our services please let us know.



Monday


<p>Tiniest Feet 10am - 11.30am</p> 	<p>Weekly No session – 21 April</p>	<p>For parents-to-be and parents with pre-walking babies.</p> <p>Meet other parents and access support and advice from the Child and Family Centre team, including baby self-weigh facilities.</p> <p><i>14 April - Join us for activities based on #8 – Bubbles, of the 50 Things to do before you're 5 app. To find out more log into the app.</i></p> <p>To book, please call, 01223 728118 or email us.</p>	<p>B £</p>	<p>North Cambridge Child and Family Centre</p>
<p>Mini Movers 10.30am – 11.30pm</p>	<p>Weekly No session – 21 April</p>	<p>Outdoor sessions at Bramblefields Nature Reserve for all ages. Please bring a snack and dress for the weather!</p> <p><i>07 April – Signs of Spring 14 April – Easter Special 28 April – We're Going on a Bug Hunt</i></p> <p>To book, please call, 01223 728118 or email us.</p>	<p>B £</p>	<p>Meet at Chesterton Child and Family Centre</p>
<p>Mondays Together 10am - 12.30pm (children up to 4yrs) 1pm – 3pm (up to 1 year old)</p>	<p>Weekly</p>	<p>Group run by Kings Hedges Family Support Project <i>For local CB5 families only due to space restriction.</i> Please feel free to drop in. If it is your first time attending, you are welcome to call our project manager for a chat or to gain further information in 07809 727222.</p>	<p>R</p>	<p>The Fields Child and Family Centre</p>
<p>Rhyme Time @ Clay Farm Centre Toddler Rhyme 10am - 10.30am Baby Rhyme Time 11am - 11.30am</p>	<p>Weekly (Term Time Only)</p>	<p>No booking required, 15 spaces available, allocated on a first come, first served basis. Library and café open 9.30am to 12pm.</p>		<p>Clay Farm Centre</p>

Tuesday


<p>Clothing Bank 9.30am – 11.30am</p>	<p>08 & 22 April</p>	<p>An opportunity to exchange your child's clothes. Please bring any 0-5 children's clothes in good, clean condition that you would like to swap.</p> <p>If you do not have anything to exchange yet, please still come along and you can choose up to ten items on your first visit to get you started.</p> <p><i>We are not taking any donations at the moment.</i> No booking required.</p>		<p>North Cambridge Child and Family Centre</p>
<p>Stay and Play 10am – 11.30am</p> 	<p>Weekly</p>	<p>Stay and Play session for children aged 0 – 5 years.</p> <p><i>08 April - Join us for activities based on #29 – Pitter Patter, of the 50 Things to do before you're 5 app. To find out more log into the app.</i></p> <p>To book, please call, 01223 728118 or email us.</p>	<p>B £</p>	<p>Fawcett Child and Family Zone</p>
<p>Toy Library 9.30am - 11.30am</p>	<p>Monthly – 08 April</p>	<p>Come along and play with our wide selection of toys, which you can borrow for up to a month for 50p. Contact us for more information. No booking required.</p>		<p>Brown's Field Youth and Community Centre, Green End Road, CB4 1RU</p>

B = Booking Required, R = Invite Only, £ = Charge applies

Tuesday continued

Story Sack session 10am – 11am	15 April	Come and join us at our story sack session. This month will be out Egg themed story sack. No booking required		North Cambridge Child and Family Centre
Drop-in Art Display at The Fitzwilliam Museum 10.30am – 2pm	01 April	Intergenerational Group Drop-in Day - see what the joint group of under 5's and over 65's have produced together. No booking required		The Fitzwilliam Museum, Trumpington Street, CB2 1RB
Tiniest Feet 10.30am – 12pm 	Weekly	For parents-to-be and parents with pre-walking babies. Meet other parents and access support and advice from the Child and Family Centre team. <i>22 April - Join us for activities based on #11 – Making Connections, of the 50 Things to do before you're 5 app. To find out more log into the app.</i> To book, please call, 01223 728118 or email us.	B £	Chesterton Cambridge Child and Family Centre
Sing a Rainbow 1.30pm – 2.45pm	01, 15, 22 & 29 April	Sing, sign, dance and play to children's songs and rhymes. Fun with instruments, puppets, parachute, singing, signing and dance whilst supporting musicality, language, and motor skills. <i>1.30pm – 2pm – Free play and catch-up time with assorted instruments.</i> <i>2pm – 2.45pm – Circle Time.</i> To book, please call, 01223 728118 or email us.	B £	Chesterton Child and Family Centre
Little Cubs (Young Parents group) Bookstart sessions 1pm – 2.30pm	01, 15, 22 & 29 April	A free of charge supported group aimed at Young Parents/Carers under 25 years. Join our interactive Bookstart sessions, perfect for babies, toddlers and their parents or carers. These sessions include storytelling, rhymes and playful activities that support early language development. To book, please call 01223 728118 or email us.	B	North Cambridge Child and Family Centre

Wednesday


Mini Movers 9am – 11am 	Weekly	For mobile babies aged between 1 to 2 years, focusing on activities that encourage physical development. <i>16 April - Join us for activities based on #8 – Bubbles, of the 50 Things to do before you're 5 app. To find out more log into the app.</i> To book, please call, 01223 728118 or email us.	B £	North Cambridge Child and Family Centre
Sensory Babies 10am – 11.30am	30 April	Fun-filled sensory sessions for babies who are pre-mobile. Activities aimed at helping children to develop and improve their motor skills, co-ordination, and concentration. To book, please call, 01223 728118 or email us.	B £	Fawcett Child and Family Zone
Introducing Family Foods 1pm – 2pm	16 April	A workshop to find out more about how to start introducing your baby to solid foods. Suitable for families with babies from 5 months. To book, please call, 01223 728118 or email us.	B	Fawcett Child and Family Zone

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Wednesday continued

Stay and Play 1.30pm – 3pm 	Weekly	Stay and Play session for children aged 0 – 5 years. <i>23 April - Join us for activities based on #8 – Making Connections, of the 50 Things to do before you're 5 app. To find out more log into the app.</i> To book please call, 01223 728118 or email us.	B £	Chesterton Child and Family Centre
Tiniest Feet 2pm – 3.30pm	02, 09, 16 & 23 April	For parents-to-be and parents with pre-walking babies. Meet other parents and access support and advice from the Child and Family Centre team. To book, please call, 01223 728118 or email us.	B £	North Cambridge Child and Family Centre

Thursday

Stay and Play 10am – 12pm	Weekly (Term Time Only)	Stay and Play session for children aged 0 – 5 years. To book, please call, 01223 728118 or email us.	B £	Bewick Bridge Child and Family Zone
Sensory SEND 10am – 11.30am	17 April	A play session designed for pre-school children with emerging or diagnosed additional needs and disabilities. Sensory-rich resources and activities to encourage development. A chance for parents and carers to meet and chat in a supportive environment. Siblings welcome. No booking required		North Cambridge Child and Family Centre
Easter Messy Play 10am – 11.30am	10 April	Come and help us celebrate Easter with a morning of messy play and craft activities. For ages 6 months – 8 years old. To book, please call, 01223 728118 or email us.	B £	Chesterton Child and Family Centre
Story Time 10.30am - 11.15am	Weekly	Stories and rhymes with Child and Family Centre and Library staff. For ages 18 months to 5 years. <i>17 April – Easter Storytime, rhymes and an Easter Egg hunt.</i> <i>24 April - To celebrate/commemorate St Georges day on Wednesday 23 April we will be reading The Reluctant Dragon by Kenneth Graham.</i> No booking required.		Arbury Court Library
Stay and Play 1.30pm – 3pm 	Weekly	A Stay and Play session for children aged 0 – 5 years. <i>17 April - Join us for activities based on #8 – Bubbles, of the 50 Things to do before you're 5 app. To find out more log into the app.</i> To book, please call, 01223 728118 or email us.	B £	North Cambridge Child and Family Centre
Storytime 3.30pm - 4.30pm	Weekly	Stories and rhymes with Child and Family Centre staff. For ages 18 months plus. <i>17 April – Easter Storytime, rhymes and an Easter Egg hunt.</i> <i>24 April - To celebrate/commemorate St Georges day on Wednesday 23 April we will be reading The Reluctant Dragon by Kenneth Graham.</i> No booking required.		Milton Road Library

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Friday				
50 Things Friday Posted at 10am	Weekly	50 Things to Do to help every child reach important health, learning and wellbeing milestones/ we will be sharing activities ideas from the <i>50 Things to Do</i> app, you can use in your everyday routine with your children. The ideas are simple and are low or no cost.		Posted on Facebook
Stay and Play 10am - 11.30am 	Weekly No session – 18 April	Stay and Play session for children aged 0 – 5 years. <i>04 April - Join us for activities based on #1- Get to know you, of the 50 Things to do before you're 5 app. To find out more log into the app.</i> To book, please call, 01223 728118 or email us.	B £	The Fields Child and Family Centre
Clothing Bank 10am – 11.30am	Weekly No session – 18 April	An opportunity to exchange your child's clothes. Please bring any 0-5 children's clothes in good, clean condition that you would like to swap. If you do not have anything to exchange yet, please still come along and you can choose up to ten items on your first visit to get you started. <i>We are not taking any donations at the moment.</i> No booking required.		The Fields Child and Family Centre
Storytime and activity 2pm - 3pm	11 April	Come and enjoy the Story of 'We're Going on an Egg Hunt' with fun activities with your children up to age 4 years. No booking required.		East Barnwell Library

Saturday				
Grove Swimming 10am - 11am Session 1 11am - 12pm Session 2	Weekly - term time only	Open swim. £3 per adult, £1.50 per child, Concessions are available, please ask Centre Staff for details. Booking required via the Child & Family Centre. Maximum of 2 children per adult. Please pay by cash on the day.	B	Grove Community Primary School
Workshop for Dads/Male Caregivers 10.30am – 12pm	26 April	A look around the galleries and a visit to the Art Studio for a craft activity linked to the museum exhibits. No booking required		The Fitzwilliam Museum, Trumpington Street, CB2 1RB
Something on a Saturday 9.30am – 11.30am	26 April	Special themed Stay and play session for parents who are unable to attend weekday groups with children. Suitable for children from birth to 10 years. Theme for April - Eggstravaganza - no chocolate eggs but lots to do around looking at what Spring has to offer and some prizes! To book, please call or email us.	B £	North Cambridge Child and Family Centre

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We offer our Bookstart programme to those families whose children may need support developing their communication skills. If you are interested, please contact for a chat with one of our staff.

50 Things to do Before You're 5



'50 Things to Do Before You're 5' seeks to help every child reach important health, learning and wellbeing milestones. We will be sharing activity ideas from the *50 Things to Do* app, that you can use in your everyday routine you're your children. The ideas are very simple and require low or no cost. Download the free 50 Things to Do Before You're 5 app for a menu of exciting activities for families with young children.



Five to Thrive

'The things you do every day that help your child's growing brain' We will be sharing activity ideas to help you use *Five to Thrive* in your everyday routine with your baby. The ideas are very simple and can be recreated using items you probably already have around the house!

Breastfeeding Support

Information on support available locally can be found by visiting: www.facebook.com/CambridgeshireInfantFeeding

Midwifery clinics – by appointment only

Emerald Team – 01223 586787
Eden Team – 01223 739376

Are you concerned about the safety of a child?

If a child is at risk of harm, or you are concerned about the safety of a child, please call the Contact Centre on 0345 045 5203 between 8am and 6pm, Monday to Friday. If it is outside office hours or at the weekend, call the First Response and Emergency Duty Team on 01733 234724, or the police on 999.

Support for young people

Keep Your Head: A new young people's mental health website for young people and their parents/carers living in Peterborough and Cambridgeshire. The site is universally accessible and is a central point for finding good quality local and national information on keeping well, self-help, and support services covering a range of issues.
www.keep-your-head.com

Opening Times

North Cambridge Child and Family Centre, Campkin Road, Cambridge, CB4 2LD	The Fields Child and Family Centre, Galfrid Road, Cambridge, CB5 8ND
Monday: 10am – 4pm Tuesday: 9am – 2.30pm Wednesday: 10am – 1pm Thursday: 10am – 4pm Friday: 10am – 2.30pm	Monday – Friday 9am – 4pm
Chesterton Child and Family Centre, Shirley Community Primary School, Nuffield Road, Cambridge, CB4 1TF	Fawcett Child and Family Zone, Fawcett Primary School, Alpha Terrace, Trumpington, CB2 9FS
Monday: 10am – 4pm Tuesday: 1pm – 4pm Wednesday: 1pm – 4pm Thursday: 10am – 12.30pm	Tuesdays 9am - 12pm
Bewick Bridge Child and Family Zone, Bewick Bridge Community Primary School, Fulbourn Old Drift, CB1 9ND	
Thursdays 9am - 1.30pm	

Get in Touch	
North Cambridge Child and Family Centre 01223 728118	The Fields Child and Family Centre 01223 728118
Chesterton Child and Family Centre 01223 728118	Fawcett Child and Family Zone 01223 728118



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