

Welcome to our Child and Family Centres.

We aim to provide families of all abilities, identities and cultures with the support and information they need and to ensure our centres and zones are friendly and welcoming places for all.

There is a small charge for some groups, but please let us know if payment may be difficult.









Things you need to know...

Charging

Some groups have a charge of £2 per family, per session, although families on a low income will be eligible for free entry. Please pay in cash on the day.

Charges for childminders - £2 per childminder and own family plus £1 for any minded child or £1 per childminder if not bringing own family members plus £1 for any minded child.

Booking

Booking is essential for some sessions and spaces are limited.

Please call 01945 482989 or email childandfamilycentre.fenland@cambridgeshire.gov.uk

Privacy Notice

The Child and Family Centre holds information about the families and individuals we support for the purposes of monitoring, evaluation and future planning of the Child and Family Centre's services as part of Cambridgeshire County Council.

The information will be held in accordance with the General Data Protection Regulation GDPR). Further information is available on the Cambridgeshire County Council's website www.cambridgeshire.gov.uk (search Privacy Notice).

| Lo | cat | ion | Ad | dre | sses |
|----|-----|-----|----|-----|------|
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Oasis Child & Family Centre St Michaels Avenue Wisbech PE13 3NR Wisbech South Child & Family Centre Elizabeth Terrace Wisbech PE13 2AO

If you would like to be kept up to date about our activities by email, please ask to join our mailing list.

In March we will be thinking about

World Book Day (6th March)

and

British Sign Language Week (18th to 24th March)

If you would like to celebrate something important to you with other people who use our services please let us know.

| Monday | | | | |
|---|-------------------------------|---|--------|--|
| Sensory SEND Group Drop In 9.30am to 11am | 10 March | A play session designed for children with emerging or diagnosed additional needs and disabilities. Sensory-rich resources and activities to encourage development. A chance for parents and carers to meet and chat in a supportive environment. Siblings welcome. Includes self-weigh facilities. | | Wisbech South Child and Family Centre |
| Sensory Babies 10am to 11.30am | 3, 10, 17, 24, 31 March | Fun filled sensory sessions which help children to develop and improve their motor skills, co-ordination and concentration. Parents-to-be welcome. Includes self-weigh facilities. Suitable for pre-mobile babies. To book, please call 01945 482989. | B £ | Oasis Child and Family Centre |
| Spring Pop Up 10.30am to 11.30am | 31 March | Step into spring in this fun stay and play with crafts to take home. Suitable for children aged 0 to 5 years. To book, please call 01945 482989. | B £ | Gorefield Community Hall and Sports Pavilion Wolf Lane Gorefield Wisbech PE13 4NE |
| Toddler Playtime 10.30am to 12pm | 3, 10, 17, 24, 31 March | A stay and play session for early walkers and beyond, who are ready to explore the world around them. Bring your own healthy snack. Suitable for mobile children aged up to 3 years. To book, please call 01945 482989. | B £ | Oasis Child and Family Centre |

| Tuesday | | | | |
|--|------------------------|---|--------|--|
| Soft Play Fun 10am to 11am | 4, 11, 18, 25 March | Bring your child along to enjoy a soft play session at the Child and Family Centre. Suitable for children aged 0 to 5 years. To book, please call 01945 482989. | B £ | Oasis Child and Family Centre |
| Stay and Play 10am to 11.30am | 4, 11, 18, 25 March | A stay and play session suitable for children aged 0 to 5 years. To book, please call 01945 482989. | B £ | Wisbech South Child and Family Centre |
| Sensory babies 1pm to 2.30pm | 4, 11, 18 March | Fun filled sensory sessions which help children to develop and improve their motor skills, co-ordination and concentration. Parents-to-be welcome. Includes self-weigh facilities. Suitable for pre-mobile babies. To book, please call 01945 482989. | B £ | Wisbech South Child and Family Centre |
| Introducing Family Foods 1pm to 2.30pm | 25 March | A workshop to find out more about how to introduce your baby to your family foods. To book, please call 01945 482989. | В | Oasis Child and Family Centre |

| Wednesday | | | | |
|--|------------------------|--|--------|--|
| Maternal Vaccination Clinic 9.30am to 3.45pm | 5, 12, 19, 26 March | A drop-in vaccination clinic run by the NHS for expectant mothers and under 5's. Vaccinations include RSV, Whooping Cough, MMR and BCG. For more information, please call 0300 555 5055. | | Wisbech South Child and Family Centre |
| Toddler Playtime 9.30am to 11am | 5, 12, 19, 26 March | A stay and play session for early walkers and beyond, who are ready to explore the world around them. Bring your own healthy snack. Suitable for mobile children aged up to 3 years. To book, please call 01945 482989. | B £ | Oasis Child and Family Centre |
| Sensory Babies 10am to 11.30am | 5, 12, 19, 26 March | Fun filled sensory sessions which help children to develop and improve their motor skills, co-ordination and concentration. Parents-to-be welcome. Includes self-weigh facilities. Suitable for pre-mobile babies. To book, please call 01945 482989. | B £ | Oasis Child and Family Centre |
| Stay and Play: 50 Things 1pm to 2.30pm | 5, 12, 19, 26 March | A stay and play session for children aged 0 to 5 years. Activities based on the 50 Things To Do Before You're Five app. To book, please call 01945 482989. | B £ | Wisbech South Child and Family Centre |

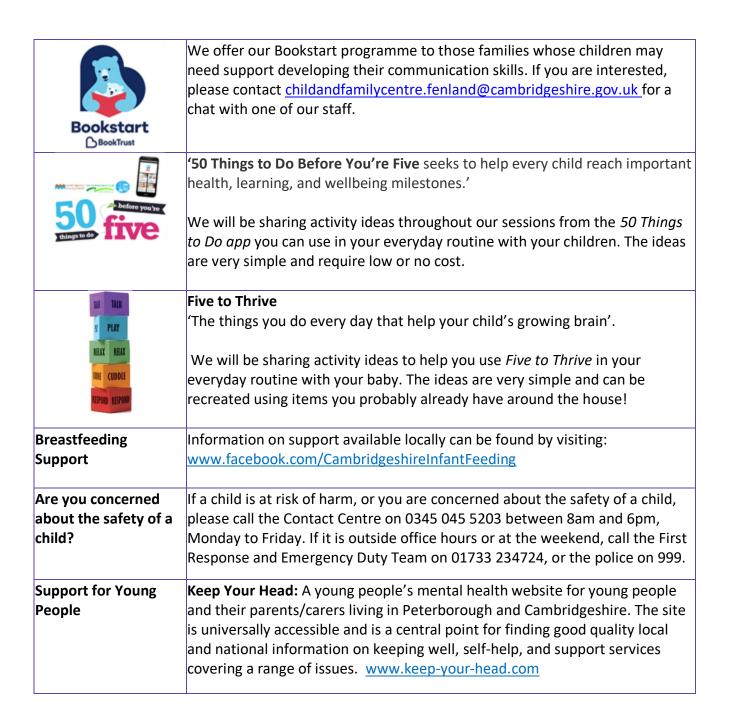
| Wednesday continued | | | | |
|---|------------------------|--|---|---|
| First Steps Storytime & Craft Club 10.30am to 11.30am | 5, 12, 19, 26 March | Storytime and themed craft session suitable for children aged 0 to 5 years. | | Wisbech Library Ely Place Wisbech PE13 1EU |
| Spinney Stay and Play 10am to 12pm | 5, 12, 19, 26 March | An outdoor stay and play at the Spinney Playground with a variety of different play opportunities for children and parents to enjoy. | | Spinney Playground Waterlees Road Wisbech PE13 3HB |
| Drop in Weighing Clinic 12pm to 2pm | 5, 12, 19, 26 March | An opportunity to come along, see the health visitors and get your baby weighed. Please arrive before 1.45pm to be seen by the health visiting team. Baby play and self-weigh also available in the room next door. Clothes bank available. No need to book. | | Oasis Child and Family Centre |
| Pathway to Parenting 3pm to 5pm | 5, 12, 19, 26 March | Pathway to Parenting is a face-to-face interactive programme, covering lots of topics to help you prepare for birth and parenthood. Suitable for parents from 20 weeks gestation. To book, please call 01945 482989. | В | Oasis Child and Family Centre |

| Thursday | | | | |
|--|------------------------|--|--------|--|
| Peckover Garden Forest Fun 9.30am to 10.30am | 6, 13, 20, 27 March | Calling all nature lovers! Using the principles of 'forest school' join us for a morning of discovery, adventure, and fun in the magnificent garden in the centre of our town! Wear appropriate clothing for this outdoors session. Meet us inside the gates at the front of Peckover House. Please allow time to park and be at the Peckover House gate for 9.30am. Suitable for children aged 0 to 5 years. To book, please call 01945 482989. | В | Peckover House North Brink Wisbech PE13 1JR |
| Little Learners 9.30am to 10.30am | 6, 13, 20, 27 March | Specialist group run by the Early Support Team for children with SEND. Invite only. | R | Oasis Child and Family Centre |
| Little Explorers' Fun 10am to 11.30am | 6, 13, 20, 27 March | A stay and play session suitable for children aged from 10 months or walking. To book, please call 01945 482989. | B £ | Oasis Child and Family Centre |

| Thursday continued | | | | |
|---|------------------------|--|--------|---|
| Stay and Play: 50 Things 10.30am to 12pm before you're | 6, 13, 20, 27 March | A stay and play session suitable for children aged 0 to 5 years. Activities based on the 50 Things To Do Before You're Five app. To book, please call 01945 482989. | B £ | Salvation Army Hall, John Thompson Road, Wisbech, PE13 2NF |
| NICU Drop In 12.30pm to 2pm | 6 March | A drop in open to families whose babies were on NICU. For babies up to one year. No need to book. | R | Oasis Child and Family Centre |

| Friday | | | | |
|---|------------------------|--|--------|---------------------------------------|
| Five to Thrive TALK J PLAY REAX REAX GOME CUDDLE REPORD REPORD | Weekly | 'The things you do every day that help your child's growing brain'. We will be sharing activity ideas to help you use <i>Five to Thrive</i> in your everyday routine with your baby. The ideas are very simple and can be recreated using items you probably already have around the house. | | Facebook post: |
| Messy Babies 10am to 11am | 7, 14, 21, 28 March | Baby safe messy play suitable for pre mobile babies from around 4 months old. Dress for mess. To book, please call 01945 482989. | B £ | Oasis Child and Family Centre |
| Messy Play 10am to 11am | 7, 14, 21, 28 March | A fun messy play session, suitable for children 6 months to 5 years. Dress for mess. To book, please call 01945 482989. | B £ | Wisbech South Child and Family Centre |
| Buggy Walks 10am to 11am | 3 March | Join us for a buggy walk around Wisbech, starting from Wisbech South Child and Family Centre. Suitable for babies and toddlers in carriers, prams, and buggies. To book, please call 01945 482989. | В | Wisbech South Child and Family Centre |

| Saturday | | | | |
|---|----------|---|--------|----------------------------------|
| Something on a Saturday 10am to 11.30am | 22 March | A stay and play session for parents who are unable to attend weekday groups. Suitable for children aged 0 to 8 years. To book, please call 01945 482989. | B £ | Oasis Child and Family Centre |





Opening Times

| Oasis Child and Family Centre | Wisbech South Child and Family Centre | | | | |
|--|--|--|--|--|--|
| Monday to Friday | Monday to Friday | | | | |
| 9am to 4pm | 9am to 4pm | | | | |
| Booking for sessions will be taken after | Booking for sessions will be taken after | | | | |
| 9am each day. | 9am each day. | | | | |
| | | | | | |

Contact Us

| Get in Touch | | | | |
|--|---|--|--|--|
| Oasis Child and Family Centre 01945 482989 | Wisbech South Child and Family Centre 01945 482989 | | | |
| Email us: childandfamilycentre.fenland@cambridgeshire.gov.uk | | | | |





Find us on YouTube Cambridgeshire Child and Family Centres









Centres