



**WISBECH  
CHILD AND FAMILY CENTRE**

**WHAT'S ON**



**February 2025**

Welcome to our Child and Family Centres.

We aim to provide families of all abilities, identities and cultures with the support and information they need and to ensure our centres and zones are friendly and welcoming places for all.

There is a small charge for some groups, but please let us know if payment may be difficult.



## Things you need to know...

### Charging

Some groups have a charge of £2 per family, per session, although families on a low income will be eligible for free entry. Please pay in cash on the day.

Charges for childminders - £2 per childminder and own family plus £1 for any minded child or £1 per childminder if not bringing own family members plus £1 for any minded child.

### Booking

Booking is essential for some sessions and spaces are limited.

Please call 01945 482989 or email [childandfamilycentre.fenland@cambridgeshire.gov.uk](mailto:childandfamilycentre.fenland@cambridgeshire.gov.uk)

### Privacy Notice

The Child and Family Centre holds information about the families and individuals we support for the purposes of monitoring, evaluation and future planning of the Child and Family Centre's services as part of Cambridgeshire County Council.

The information will be held in accordance with the General Data Protection Regulation (GDPR). Further information is available on the Cambridgeshire County Council's website [www.cambridgeshire.gov.uk](http://www.cambridgeshire.gov.uk) (search Privacy Notice).

## Location Addresses

Oasis Child & Family Centre  
St Michaels Avenue  
Wisbech  
PE13 3NR

Wisbech South Child & Family Centre  
Elizabeth Terrace  
Wisbech  
PE13 2AQ


Monday				
<b>Sensory SEND Group Drop In</b> 9.30am to 11am	3 February	A play session designed for children with emerging or diagnosed additional needs and disabilities. Sensory-rich resources and activities to encourage development. A chance for parents and carers to meet and chat in a supportive environment.  Siblings welcome. Includes self-weigh facilities.		Wisbech South Child and Family Centre
<b>Sensory Babies</b> 10am to 11.30am	3, 10, 17, 24 February	Fun filled sensory sessions which help children to develop and improve their motor skills, co-ordination and concentration. Parents-to-be welcome. Includes self-weigh facilities. Suitable for pre-mobile babies.  To book, please call 01945 482989.	<b>B</b> <b>£</b>	Oasis Child and Family Centre
<b>Tiny Tooth Workshop</b> 10am to 11am	10 February	Do you have a baby 12 months and over? Come along to our session on how to look after your baby's teeth, and where to go when you need help.  To book, please call 01945 482989.	<b>B</b>	Wisbech South Child and Family Centre

**Monday continued**

<b>Toddler Playtime</b> 10.30am to 12pm	3, 10, 17, 24 February	A stay and play session for early walkers and beyond, who are ready to explore the world around them. Bring your own healthy snack.  Suitable for mobile children aged up to 3 years.  To book, please call 01945 482989.	<b>B</b> <b>£</b>	Oasis Child and Family Centre
<b>Festival of Stories Storyteller Session</b> 9am to 10am	24 February	Festival of Stories Storyteller session, for Children 0-2 years.  To book, please call 01945 482989.	<b>B</b>	Oasis Child and Family Centre

<b>Tuesday</b>				
<b>Soft Play Fun</b> 10am to 11am	4, 11 February	Bring your child along to enjoy a soft play session at the Child and Family Centre. Suitable for children aged 0 to 5 years.  To book, please call 01945 482989.	<b>B</b> <b>£</b>	Oasis Child and Family Centre
<b>Soft Play Fun: Festival of Stories</b> 10am to 11am	25 February	Bring your child along to enjoy a soft play session at the Child and Family Centre with a focus on 'hop, skip and jump' as part of our Festival of Stories.  Suitable for children aged 0 to 5 years.  To book, please call 01945 482989.	<b>B</b> <b>£</b>	Oasis Child and Family Centre
<b>Stay and Play</b> 10am to 11.30am	4, 25 February	A stay and play session suitable for children aged 0 to 5 years.  To book, please call 01945 482989.	<b>B</b> <b>£</b>	Wisbech South Child and Family Centre


Tuesday continued				
<b>Sensory babies</b> 1pm to 2.30pm	4, 11, 18 February	Fun filled sensory sessions which help children to develop and improve their motor skills, co-ordination and concentration. Parents-to-be welcome. Includes self-weigh facilities.  Suitable for pre-mobile babies.  To book, please call 01945 482989.	<b>B</b> <b>£</b>	Wisbech South Child and Family Centre
<b>Introducing Family Foods</b> 1pm to 2.30pm	25 February	A workshop to find out more about how to introduce your baby to your family foods.  To book, please call 01945 482989.	<b>B</b>	Wisbech South Child and Family Centre


Wednesday				
<b>Maternal Vaccination Clinic</b> 9.30am to 3.45pm	5, 12, 19, 26 February	A drop-in vaccination clinic run by the NHS for expectant mothers and under 5's. Vaccinations include RSV, Whooping Cough, MMR and BCG.  For more information, please call 0300 555 5055.		Wisbech South Child and Family Centre
<b>Toddler Playtime</b> 9.30am to 11am	5, 12, 19, 26 February	A stay and play session for early walkers and beyond, who are ready to explore the world around them. Bring your own healthy snack. Suitable for mobile children aged up to 3 years.  To book, please call 01945 482989.	<b>B</b> <b>£</b>	Oasis Child and Family Centre
<b>Stay and Play: 50 Things</b> 10am to 11.30am  	5, 12, 19 February	A stay and play session for children aged 0 to 5 years. Activities based on the 50 Things To Do Before You're Five app.  To book, please call 01945 482989.	<b>B</b> <b>£</b>	Wisbech South Child and Family Centre
<b>Stay and Play: Festival of Stories</b> 10am to 11.30am	26 February	A stay and play session for children aged 0 to 5 years, with a focus on 'nursery rhymes' as part of our festival of stories. Activities based on the 50 Things To Do Before You're Five app.  To book, please call 01945 482989.	<b>B</b> <b>£</b>	Wisbech South Child and Family Centre
<b>First Steps Storytime &amp; Craft Club</b> 10.30am to 11.30am	5, 12, 26 February	Storytime and themed craft session suitable for children aged 0 to 5 years.		Wisbech Library Ely Place Wisbech PE13 1EU

Wednesday continued				
<b>Drop in Weighing Clinic</b> 12pm to 2pm	5, 12, 19, 26 February	An opportunity to come along, see the health visitors and get your baby weighed.  Baby play and self-weigh also available in the room next door. Clothes bank available.  No need to book.		Oasis Child and Family Centre
<b>Coffee and Chat Drop In</b> 1.30pm to 3pm	5, 12, 19, 26 February	Come in for a cuppa, play with toys and chat with others.  Self-weigh facilities and baby clothes bank available.		Wisbech South Child and Family Centre
<b>Pathway to Parenting</b> 5pm to 7pm	5, 12, 19, 26 February	Pathway to Parenting is a face-to-face interactive programme, covering lots of topics to help you prepare for birth and parenthood. Suitable for parents from 20 weeks gestation.  To book, please call 01945 482989.	<b>B</b>	Oasis Child and Family Centre






Thursday				
<b>Peckover Garden Forest Fun</b> 9.30am to 10.30am	6, 13, 20, 27 February	Calling all nature lovers! Using the principles of 'forest school' join us for a morning of discovery, adventure, and fun in the magnificent garden in the centre of our town! Wear appropriate clothing for this outdoors session. Meet us inside the gates at the front of Peckover House.  Suitable for children aged 0 to 5 years.  To book, please call 01945 482989.	<b>B</b>	Peckover House North Brink Wisbech PE13 1JR
<b>Little Learners</b> 9.30am to 10.30am	6, 13, 27 February	Specialist group run by the Early Support Team for children with SEND. Invite only.	<b>R</b>	Oasis Child and Family Centre
<b>Little Explorers' Fun</b> 10am to 11.30am	6, 13, 27 February	A stay and play session suitable for children aged from 10 months or walking.  To book, please call 01945 482989.	<b>B</b> <b>£</b>	Oasis Child and Family Centre
<b>Little Explorers' Fun: Festival of Stories</b> 10am to 11.30am	20 February	A stay and play session with a focus on 'mark making', as part of our Festival of Stories. suitable for children aged from 10 months or walking.  To book, please call 01945 482989.	<b>B</b> <b>£</b>	Oasis Child and Family Centre

Thursday continued				
<p><b>Construction Fun Pop Up</b> 1.30pm to 2.30pm</p>	<p>20 February</p>	<p>Looking for something different to do in half term?</p> <p>Join us for our construction fun afternoon delivered by the Child and Family Centre Workers. With Lego, Duplo, Geomagnets and more available, this activity will be open for children 3 to 10 years.</p> <p>To book, please call 01945 482989.</p>	<p><b>B</b> <b>£</b></p>	<p>Oasis Child and Family Centre</p>
<p><b>Stay and Play: 50 Things</b> 10.30am to 12pm</p> 	<p>6, 13, 27 February</p>	<p>A stay and play session suitable for children aged 0 to 5 years. Activities based on the 50 Things To Do Before You're Five app.</p> <p>To book, please call 01945 482989.</p>	<p><b>B</b> <b>£</b></p>	<p>Salvation Army Hall, John Thompson Road, Wisbech, PE13 2NF</p>

Friday				
<p><b>50 Things Friday</b></p> 	Weekly	<p><i>'50 Things to do Before You're Five seeks to help every child reach important health, learning and wellbeing milestones.'</i></p> <p>We will be sharing activity ideas from the '50 Things to do Before You're Five' app you can use in your everyday routine with your children.</p>		<p>Facebook post:</p>  
<p><b>Messy Babies</b> 10am to 11am</p>	7, 14, 28 February	<p>Baby safe messy play suitable for pre mobile babies from around 4 months old. Dress for mess.</p> <p>To book, please call 01945 482989.</p>	<b>B</b> <b>£</b>	Oasis Child and Family Centre
<p><b>Messy Play</b> 10am to 11am</p>	7, 14, 21, 28 February	<p>A fun messy play session, suitable for children 6 months to 5 years. Dress for mess.</p> <p>To book, please call 01945 482989.</p>	<b>B</b> <b>£</b>	Wisbech South Child and Family Centre
<p><b>Buggy Walks</b> 10am to 11am</p>	14 and 28 February	<p>Join us for a buggy walk around Wisbech, starting from Wisbech South Child and Family Centre. Suitable for babies and toddlers in carriers, prams, and buggies.</p> <p>To book, please call 01945 482989.</p>	<b>B</b>	Wisbech South Child and Family Centre

**Saturday**

<b>Something on a Saturday</b> 10am to 11.30am	15 February	A stay and play session for parents who are unable to attend weekday groups. Suitable for children aged 0 to 8 years.  To book, please call 01945 482989.	<b>B</b> <b>£</b>	Oasis Child and Family Centre
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	<p>We offer our Bookstart programme to those families whose children may need support developing their communication skills. If you are interested, please contact <a href="mailto:childandfamilycentre.fenland@cambridgeshire.gov.uk">childandfamilycentre.fenland@cambridgeshire.gov.uk</a> for a chat with one of our staff.</p>
	<p>'50 Things to Do Before You're Five seeks to help every child reach important health, learning, and wellbeing milestones.'</p> <p>We will be sharing activity ideas throughout our sessions from the <i>50 Things to Do app</i> you can use in your everyday routine with your children. The ideas are very simple and require low or no cost.</p>
	<p><b>Five to Thrive</b>  'The things you do every day that help your child's growing brain'.</p> <p>We will be sharing activity ideas to help you use <i>Five to Thrive</i> in your everyday routine with your baby. The ideas are very simple and can be recreated using items you probably already have around the house!</p>
<p><b>Breastfeeding Support</b></p>	<p>Information on support available locally can be found by visiting: <a href="https://www.facebook.com/CambridgeshireInfantFeeding">www.facebook.com/CambridgeshireInfantFeeding</a></p>
<p><b>Are you concerned about the safety of a child?</b></p>	<p>If a child is at risk of harm, or you are concerned about the safety of a child, please call the Contact Centre on 0345 045 5203 between 8am and 6pm, Monday to Friday. If it is outside office hours or at the weekend, call the First Response and Emergency Duty Team on 01733 234724, or the police on 999.</p>
<p><b>Support for Young People</b></p>	<p><b>Keep Your Head:</b> A young people's mental health website for young people and their parents/carers living in Peterborough and Cambridgeshire. The site is universally accessible and is a central point for finding good quality local and national information on keeping well, self-help, and support services covering a range of issues. <a href="http://www.keep-your-head.com">www.keep-your-head.com</a></p>





# Talking Together in Cambridgeshire's Festival of Stories

Wednesday, 19 February 2025 to Wednesday, 26 February 2025



Hop, skip, and jump with your child,

help them move and watch their strength and confidence grow

[bit.ly/Festivalofstories](https://bit.ly/Festivalofstories)



early years childcare and  
school readiness service







## Free Healthy Relationship courses for parents

All relationships have their ups and downs, but if parents are regularly arguing in front of their children, it can have negative and lasting consequences. Help is available for parents who want to communicate in a healthier way. Family Hubs are running courses to support parents who would like to improve the relationship with their partner or ex-partner. Courses bookable directly via the QR code.

2025 workshop booking form



**ONLINE:** Improve the communication with your partner to support your children (Arguing Better). Online Via Teams  
Tuesday 4 February and Tuesday 11 February, 6.30pm to 7.30pm

**FACE TO FACE:** Improve the communication with your partner to support your children (Arguing Better).  
Cambourne Soul, Back Ln, Cambourne CB23 6FZ  
Monday 10 February, 1pm to 2.30pm

**FACE TO FACE:** Improve the communication with your ex-partner to support your children (Getting it Right for Children). Cambourne Soul, Back Ln, Cambourne CB23 6FZ  
Monday 10 February, 6.30pm to 8pm

**FACE TO FACE:** Improve the communication with your ex-partner to support your children (Getting it Right for Children). Huntingdon Youth Child and Family Centre PE29 7AF  
Wednesday 12 February, 10am to 12noon

**ONLINE:** Improve the communication with your ex-partner to support your children (Getting it Right for Children). Online Via Teams  
Wednesday 26 February and Wednesday 5 March, 6.30pm to 7.30pm

Although the Arguing Better course is most beneficial when attending as a couple, there's no requirement to both attend.

\*\*Please note these courses are not suitable if there has been any historic or current domestic abuse. If this is your situation and you would like help on where to find domestic abuse support, please contact [rplead@cambridgeshire.gov.uk](mailto:rplead@cambridgeshire.gov.uk) \*\*



# Opening Times

Oasis Child and Family Centre	Wisbech South Child and Family Centre
<b>Monday to Friday</b> <b>9am to 4pm</b> <i>Booking for sessions will be taken after 9am each day.</i>	<b>Monday to Friday</b> <b>9am to 4pm</b> <i>Booking for sessions will be taken after 9am each day.</i>

# Contact Us

Get in Touch	
<b>Oasis Child and Family Centre</b> 01945 482989	<b>Wisbech South Child and Family Centre</b> 01945 482989
<b>Email us:</b> <a href="mailto:childandfamilycentre.fenland@cambridgeshire.gov.uk">childandfamilycentre.fenland@cambridgeshire.gov.uk</a>	



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Find us on YouTube  
Cambridgeshire Child  
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'Like' our page  
Wisbech Child & Family  
Centres

