

## Debt and Money help

Where can I get help with debt and cost of living difficulties?

There are lots of organisations that can help if you are experiencing financial difficulties. It is also worth checking out our handy guide on benefits to ensure that you are getting all the help you are entitled to:

<https://www.pinpoint-cambs.org.uk/information-hub/your-childs-needs/handy-guides/>.

Who can help?

StepChange Debt Charity <https://www.stepchange.org/>.

The National Debt Line: <https://nationaldebtline.org/> or 0808 808 4000

If you are having problems affording food, the foodbank might be able to help you.

You can find one near you: <https://www.trussell.org.uk/emergency-food/find-a-foodbank>

If you are experiencing difficulties as a result of the cost of living crisis you can find out more here:

<https://www.cambridgeshire.gov.uk/council/communities/support-with-the-cost-of-living>

There are also warm home prescription schemes available. Find out more here:

<https://www.scottishpower.co.uk/blog/warm-home-prescription>

Where to find out more on website:

[www.pinpoint-cambs.org.uk](http://www.pinpoint-cambs.org.uk) and look under Useful Information